

VERY IMPORTANT - Please review this email carefully. It contains additional requirements for your child to participate in our Summer Training program. Our ability to run this program and keep our WOUFC family safe & healthy depends on all of us knowing and following these guidelines!

Hello WOUFC Families,

We are very excited to get our players back out on the field this week! **PLEASE NOTE:** week one sessions (July 8 & 9) will be held at Lincoln Field (West Orange HS). Thereafter, all sessions will be at Stagg Field unless otherwise advised.

On July 8 we officially entered Phase 4 of New Jersey Youth Soccer's Return to Play guidelines, as permitted by the New Jersey State Department of Health, which allow contact and competition with certain precautions. What this means is that our players will have the opportunity to scrimmage as they usually would in practice. At all times when not engaged in active play, players will follow social distancing guidelines and other precautions. **FOR AN OVERVIEW** of the NJYS Return to Play guidelines (you may spot some local WO talent), watch here: [NJYS Return to Play](#)

Please read the below very carefully. We are counting on you to help us protect the health and safety of our players, coaches, families and community.

1. TeamSnap groups have been created for each session. Communications about the program will be through TeamSnap. You control your TeamSnap account and can add any additional contact info you wish. The training schedule is already set up for each group. Please let us know if you don't see your group listed in your account.

2. **All players must have a signed Waiver and Health Questionnaire (links below and also attached) on file in order to participate.** Thank you to the parents who have already sent the waiver – **the Questionnaire is new.** Please print and sign these and send them with your child to their first session. Please don't forget because they will not be permitted to play without them.

[Health Questionnaire](#)
[Waiver](#)

3. On your child's training day, you must monitor their health and respond on TeamSnap whether or not they will be attending the session that day. You can do this by simply clicking "Set Availability" in the training reminder email (or you can log into your account). **YOU MUST REPLY "GOING" TO EACH TRAINING SESSION IN ORDER FOR YOUR CHILD TO ATTEND.** By replying "Going," you will be confirming that:

You have checked your child's temperature today, and it is under 100.4 degrees.

Your child HAS NOT had signs or symptoms of fever within the past 24 hours, such as chills, sweats, feeling "feverish" or having had a temperature that is 100.4 degrees or higher.

Your child IS NOT having any of the following symptoms:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle pain or body aches
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose

Nausea or vomiting
Diarrhea

These questions are included in the "Notes" for each training session.

4. As requested by the WO Recreation Department, players' temperatures will be checked upon arriving at the field. Any player having a temperature of 100.4 degrees or higher will be held out of the session and their parent contacted. Any player who starts to feel ill during the session should let the coach know immediately.
5. Players must wear face coverings when arriving at and leaving the field, and whenever they are not actively participating in the session and cannot observe social distancing of at least 6 feet. Face covering are permitted during play but are not required.
6. Coaches and volunteers will wear face coverings whenever they are not able to maintain 6 feet of social distance.
7. Players will be directed to place their belongings in a socially-distanced manner. Players will need a ball, shin guards, cleats and plenty of water at each session. Absolutely no sharing of water or equipment will be permitted, with the exception of the ball in play. Players should bring their own hand sanitizer or sanitizing wipes. WOUFC will have hand sanitizer available at the field as well.
8. Players will have sport-based contact during play, but during any breaks in play and at all other times social distancing will be observed. No high-fives, handshakes, hugs or other celebrations or greetings are permitted. In addition to the coach, we will have 1-2 other volunteers at the field to remind players of the guidelines.
9. All equipment (cones, etc.) will be thoroughly cleaned between sessions, and high-touch areas will be cleaned frequently throughout the session. Only the coach will handle equipment; players shouldn't touch anything. We will not be using pinnies during this program but may ask players to bring different colored shirts for scrimmaging.
10. Players' uniforms, ball and other equipment should be cleaned and their hands washed thoroughly before and after each practice.
11. To reduce unnecessary exposure of everyone at the field, parents are asked to remain in their cars or away from the field, and socially distanced from one another.

Please let us know if you have any questions. We look forward to seeing you at the field!